

SEX & INTIMACY in ABI

Some remarks on the situation in the Netherlands with emphasis on rehabilitation

EBIS / la Braise Study Day Sex, Intimacy and Acquired Brain Injury Brussels May 29th 2015

Wilbert GM Bakx MD

senior consultant in rehabilitation medicine Adelante Adult Rehabilitation, Hoensbroek, NL



volwassenenrevalidatie kind

kinderrevalidatie

audiologie | spe

speciaal onderwijs

arbeidsreintegratie



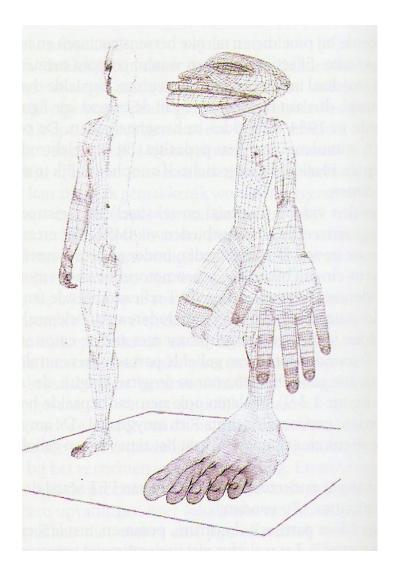




MD's are also human beings...

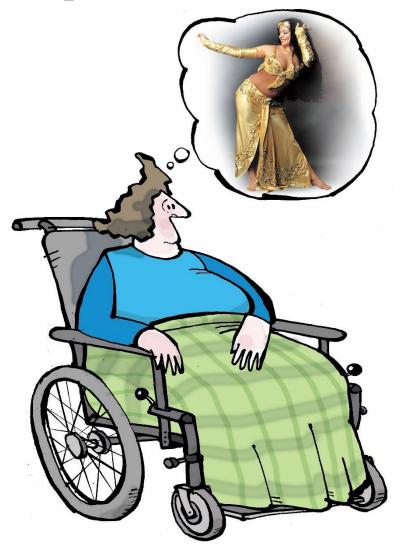


Neurophysiology...





Have an open mind on your perceptions and ideas

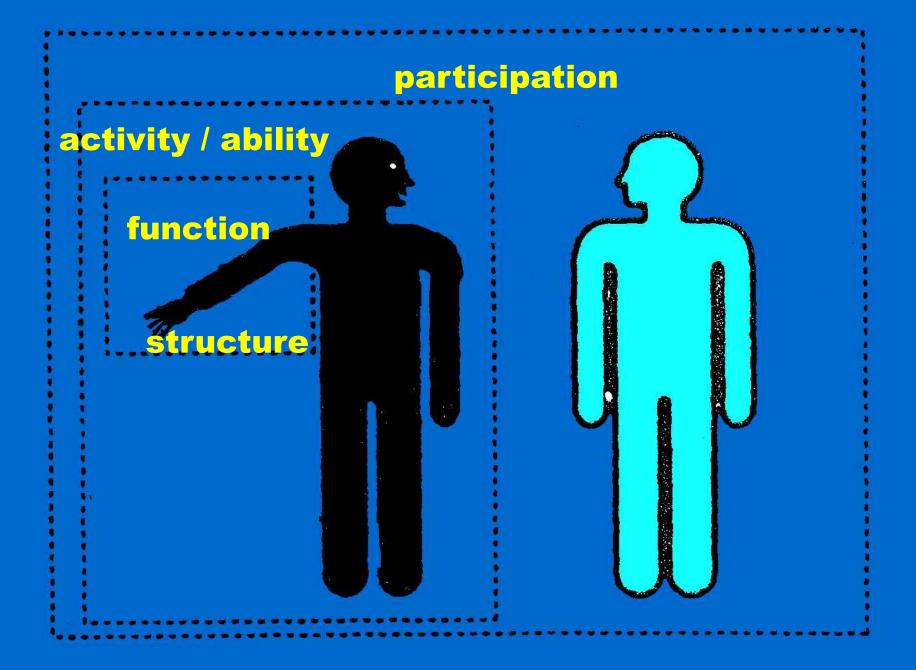






Learn to see non-physical signs







pathology

STRUCTURE and FUNCTIONS organ, body part;

ACTIVITIES individual, impairments;

PARTICIPATION social position, disability education, legislation;



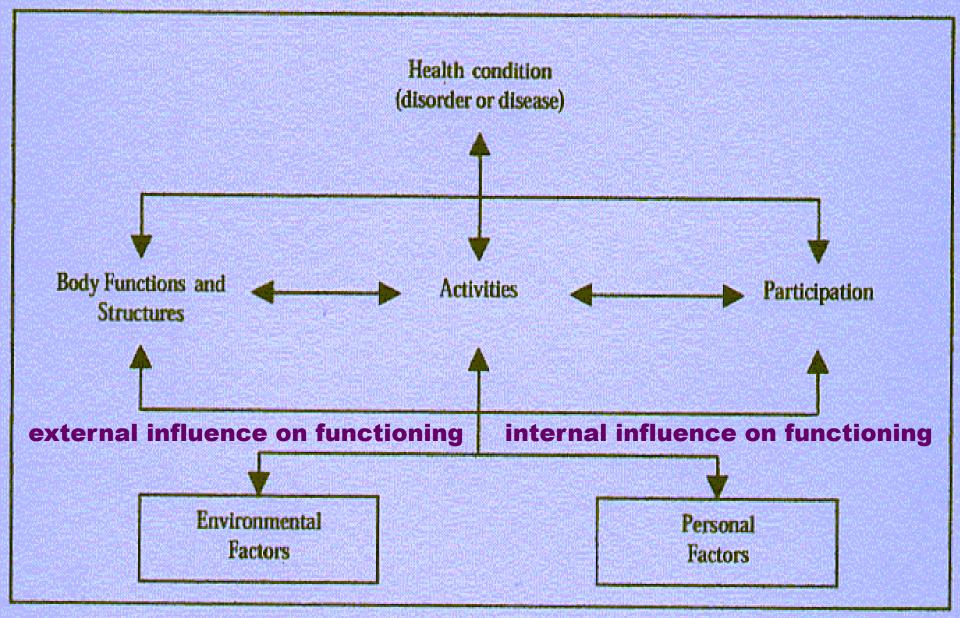
→ care

→ cope



Interactions between the components of ICF

positive connotation





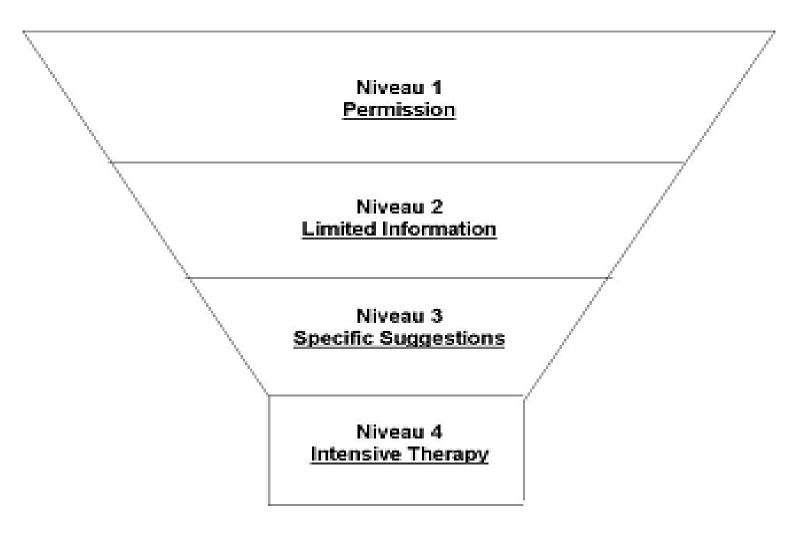
- attention
- memory ٠
- disease awareness
- emotions
- anxiety
- self-image
- depression
- performance anxiety •
- stress
- behaviour

.... changes



 disturbed body integrity • paresis sensory disfunction spasticity physical physical fitness factors • fatigue less active medication Intimacy Sex relational psychological factors factors relationship under pressure • equilibrium in relation roles habits and manners communication: loss of subtility • "my pal is lost"

PIISSIT model



COUNSELLING

- Rehabilitation team
 - Members educated in PLISSIT
- Primary focused on activity and participation, on body functions if needed
- Sex and intimacy are considered to be goals as walking or work
- Sexologist as consultant
 - Nearby university hospital
 - In Rehabilitation Centre



INTERVENTIONS

- Prognosis ?
 - regressive / stationary / progressive
- Cure
- Care

Compensation / learning new skills

- Different positions and techniques
- With devices / adapatations
 - Body-specific
 - Technical devices
 - Different positions and techniques
 - Medication (PDE-5 inhibitors; SSRI)
 - Not body-specific
 - Stimulatory environment (visual erotica)
- Spouse, buddy, sex-worker, therapist (i.e. The Sessions)
- Cope How to take the loss?
- Self-directed, on request for help



AFTER ACUTE REHABILITATION

- Follow-up outpatient clinic
- General practioner

- Aids, devices and facilities
 - municipality, Services for the Disabled Act (WMO), personal budget, health care insurer

- Chronic care Exceptional Medical Expenses Act (AWBZ)
 - nursing homes, care for disabled people, home care housing, facilitator independent housing, day activities, focus



- 21 year old male with TBI (cycled against tree), 25 days coma; PTA 3 mn. lesions left occipital and pariëtal
- Post-acute in-patient rehabilitation 2 months, ambulatory 1 year

Functional level:

- S: slight hemiparesis right
- A: independent with structure
- M: lives with ouders ("sheltered"), not able to continue his training as car mechanic; safe to bike after specific training, not for car driving; in future sheltered living and working; personal relations: "one-night stand"
- P: cognitive weak; impulsive-agressive behaviour (medicatie); little awareness
- C: language comprehension weak, wordfinding Ψ ; N IV paresis OS



3 years after: rush to outpatient clinic



seksual intimidation at work!

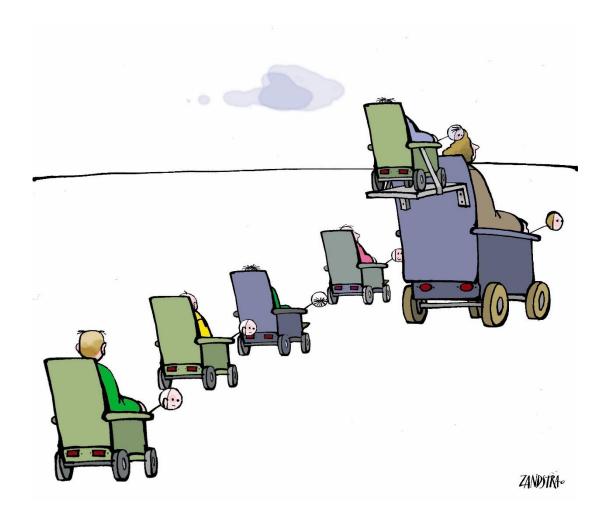
→ panic, anxiety, "homofobic"

Request for help from guardians:

- delusions?
- psychiatric care needed?



PROCREATION





EXPLORATION

- No delusisons, no psychosis
- Do not discuss with him his fobia but stimulate him for in better social functioning, making friends
- Ideas on sex:
 - Changing partners, unprotected sex, refuses to use condoms WHY?



A NEW PROBLEM!



ejaculatio praecox

education technical advices

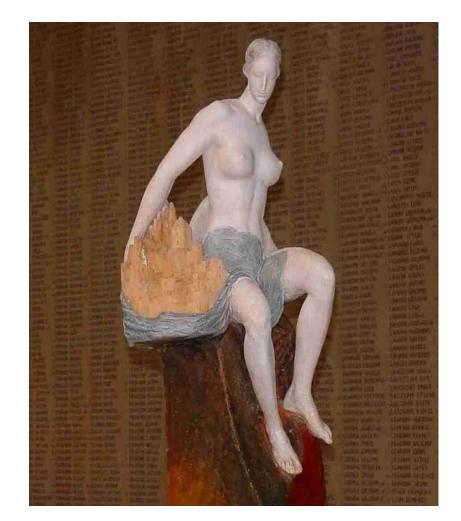
→ medication: SSRI (It's *THE* Viagra for you!)

use the side effect

→ more open to further neuropsychiatric evaluation







Keep looking al all sides....



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... to get the complete picture!



QUESTIONS - DISCUSSION







w.bakx@adelante-zorggroep.n

REFERENCES

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- ABC of sexual problems. BMJ 1998

